

VALENCIA COUNTY OLDER AMERICAN PROGRAM
MONTHLY MENU – August 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Green Bean Salad Beef Tips In Mushroom Sauce Carrots Noodles/Crackers Fruit/Milk	Cole Slaw BBQ Pork Onions & Jalapenos Fries Fruit/Milk	Tamale W/Red Chile Lettuce /Tomato Spinach Pinto Beans Crackers Fruit/Milk	Green Chile Cheese Burger Lettuce/Tomato/Onion Potato Chips Fruit/Milk	Tomato & Onion Salad Pork Adovada W/Red Chile Squash Refried Beans/Tortilla Fruit/Milk
10	11	12	13	14
Cole Slaw Sloppy Joes Onions and Jalapenos Tators Fruit/Milk	Tossed Salad Baked Ham W/Pineapple Glaze Green Beans Sweet Potato/Roll Fruit/Milk	Mexicali Corn Salad Chicken Strips Carrots Rice Crackers Fruit/Milk	Tomato & Onion Salad Hot Roast Beef Sandwich Broccoli Mashed Potatoes Bread Fruit/Milk	Zucchini Salad Spaghetti w/Meat Sauce Italian Vegetables Garlic Bread Fruit/Milk
17	18	19	20	21
Mandarin Orange Salad Asian Chicken Oriental Vegetables Rice/Crackers Fruit/Milk	Cucumber Salad Beef Tacos Lettuce/Tomatoes/Salsa Pinto Beans Fruit/Milk	Tomato & Zucchini Salad Hot Turkey Sandwich Cauliflower Mashed Potatoes/Gravy Fruit/Milk	Carrot Salad Pork Loin/Gravy Broccoli Au Gratin Potatoes Roll Fruit/Milk	Cole Slaw Cod Broccoli Scalloped Potatoes Roll Fruit/Milk
24	25	26	27	28
Tossed Salad Macaroni in Meat Sauce Italian Vegetables Garlic Bread Fruit/Milk	Cole Slaw Chile Cheese Dog Onions & Peppers Ranch Beans Fruit/Milk	BF Potluck/ Birthday Party With Fiddlers & Musicians Of NM	Cucumber Salad Beef and Peppers Broccoli Rice Bread Fruit/Milk	Green Chile Chicken Enchiladas Lettuce & tomato Spinach Beans Fruit / Milk
31				
Pea and Cheese Salad Polish Sausage Sauerkraut/Onions/Peppers Ranch Beans Fruit/Milk				